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Dec, 2017

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What's over?
What's next?*

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Colour-coded?
Christmas

5 *Naija*
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By Adeyinka Odutuyo

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Editor's Note

December, 2017

Hello there!

Welcome to the maiden edition of SPACE magazine, our new quarterly publication designed especially for people that are looking to create comfortable spaces that best preserve their most cherished moments and memories. This is for readers who understands the importance of a comfortable and conducive environment in helping us navigate the stress of our day-to-day living. An untidy or overly clogged room is never an appealing sight to return to especially after a long day at work. We aim to give you clear, simple and innovative ways to tackle your design needs from experts and key players in the interior design industry.

We want it to be entertaining, insightful, informative and above all useful. Inside it you will find a mixture of features, special reports, quick and easy to learn DIYS and regular columns on a wide range of interior design-related topics. We have particularly curated our maiden edition to resonate with the spirit of the season. As such, in this issue, you will find stories centred on achieving the perfect atmosphere for the season and how to seamlessly ease into the New Year. We also delve into the possible design trends that will emerge in 2018.

As i welcome you again to the pages of our magazine, i assure you that the essential purpose of SPACE Magazine will always be foremost about helping home and general space users, achieve a distinctly defined personal space. If there are certain stories you would like us to feature in the next issue, do reach out to us! We look forward to exploring with you. Our space is where our story begins...

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Who colour-coded Christmas?

Adeyinka Odutuyo

It's hard to imagine that there was once a time when Red and green were not the colours symbolic of Christmas. From age long, these colours have defined the creative direction of interior designer during the season. Adeyinka Odutuyo of SPACE magazine gives us an insight...

Back in the days, Victorians under the rule of Queen Victoria used a lot of different colour palettes to represent Christmas in their cards- blue and White; red and blue were once used to symbolize Christmas. Usually in these cards, they often placed Santa in blue robes with white tapings. So if it wasn't the Victorians, which group started the trend of a red and Green Christmas?

The color-coding for Christmas can be traced back to the middle ages, around the 14th-16th century, when paintings on rood screens in churches were beautifully painted to depict preachers and parishioners. Years later when these rood screens were found by archaeologists, it was discovered that the paintings were predominantly in red and green. Now while this could have been because those were the predominantly available pigments at the time, the colours started to gather momentum during Christmas celebrations. The early Christian followers believed that red and green were inspired by the life of Christ. They believed that Green was symbolic of the eternal life of Christ as is eminent with ever-green trees, and the red colour represented the blood shed by Christ during his crucifixion.

The narrative of the Christmas color-coding changed completely in 1931 after Coca-cola hired Haddon Sundblom to create a Santa Claus. They had done this before with other artists but this particular artist created the Santa Claus we all know today. He was fat, elf-like and he had red-ropes with white tapings. The red Santa-Claus and the greenery of the Christmas tree solidified Americans imaginations and gave rise to the use of these colour schemes to represent Christmas.

As a country once colonized by the

whites, Nigerian's became one of the many people to embrace the American imagination of a green and red Christmas mixed with little dashes of white and gold. While some home users have skilfully mastered the art of creating an aesthetically balanced and appealing synergy between these two bold colours, others continue to define their spaces in not so pleasant way. So how exactly can these colours be incorporated into our existing home décor without offsetting the current mood of the space?.

Ideas for a perfect balance this holiday



Image: Pinterest

You don't have to go overboard with RED and GREEN during the season, remember the season only lasts for a period of time. Your design projects for the season should be simple, innovative and customized for

Create a striking yet subtle vignette by setting up red flowers and glass ornaments to give your space the Christmas boost it needs! Create simple and pocket-friendly DIY paper flowers. Curtains can offer you flexibility.

04



Image: HowtoNestforLess



Image: Pinterest



Image: Style at Home



Image: Style at Home

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Interior Design Predictions for 2018



Image: Decorpad



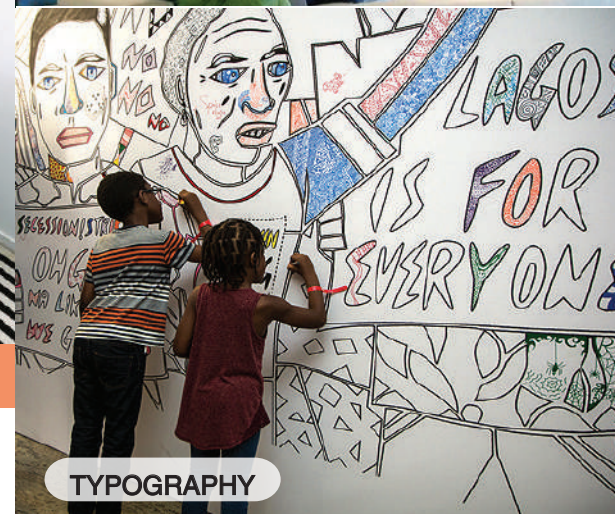
3D Wallpaper



Interior Design Predictions for 2018

IRIDESCENT ACCENTS

Image: Design Connection



TYPOGRAPHY

Image: ArtX



Marble Top

Image: Pinterest

What's new? What's over? What's next?

Towards the last quarter of every year, interior design experts across the globe come together to make predictions about possible design trends that would rock the coming year. It's that time of the year again. 2018 is less than 100 days away and design experts have started making their predictions. SPACE magazine's Adeyinka Odutuyo shares the trends to look out for in 2018.

What's new?

One major interior design trend that rocked spaces in 2017 is the **3D PATTERNED WALLS**. This chic design for walls is an extended version of the wall paper design that made a comeback in 2015 and rocked 2016. Experts are saying the wall paper trend isn't completely out of style, but the 3D patterned wall is gaining momentum in the design industry. This design is sure to make its way into 2018 as a lot of space users are still lagging behind.

Marble table tops and counter-tops; especially in shades of white and light grey continue to trend as they are still defining spaces in 2017.

Glitter walls are OVER!!!

You heard that right. The use of glitter on walls was an interesting way to breathe life into walls that had seemingly been dead or just appeared painfully boring. Thanks to wall paper and an extended version of wall papers, glitters just don't do the trick anymore. If you are looking to revamp your wall with glitters, the glitz days are over!

What's next?

Velvet, Typography and 2018!

This year, Dulux's interior design expert Andrea Lucena-Orr says, "The one defining attribute with interior trends is that they're continuously moving, changing one or more colours in your home will keep your interiors up-to-date forward" No wonder Sheila Irwin, another leading design expert and founder of Maison de Cinq, calls on general space users to hitch onto a **VELVET** ride for 2018! "Velvet is a trend that started getting really big last year in fashion, and now it seems to be hopping over to design".

TYPOGRAPHY

Designers predict that in 2018 messages would seep deeper into our homes i.e use of text will become more prominent in home decoration- text on wallpapers, throw pillows and other soft furnishings. American design expert Michell Gage says on **Realtor.com** "It'll become increasingly popular, given the way we all communicate on social media. It will remain more of a complement to a room's story and live on in smaller finishing touches like pillows and art."

Accenting steps up in 2018! IRIDESCENT ACCENTS

As we look ahead to 2018, interior design experts predict that futuristic iridescent accents would make our list. Lizzie Grover, Creative Director of Hutch, an interior design tool, predicts iridescent accents will appear in backsplashes, tables, and other decorative pieces.

Leading paint brands PPG and Dulux have released their colour palette predictions for 2018. From all indications, the year promises to be a **BOLDone**.



Image: PPG

PPG
Colour of the Year 2018:
Black Flame



Image: Glidden

Glidden
Colour of the Year:
Deep Onyx

The future of colour in 2018!

Dulux Colour Palette

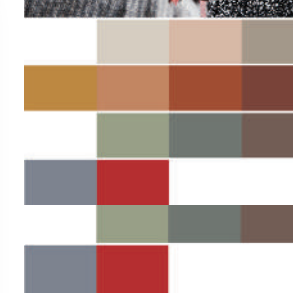
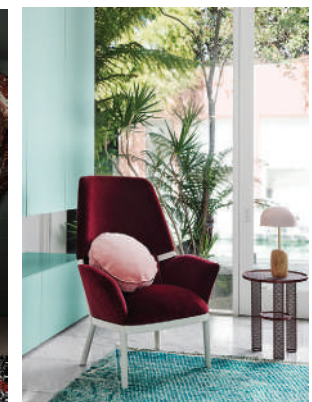


Image: We are Scout

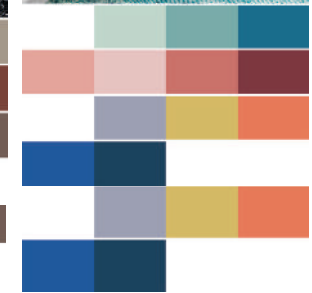


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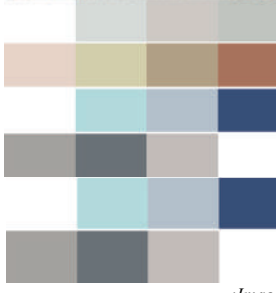


Image:
We are Scout

Prepping your home for the New Year

It's almost that time of the year when we start preparing to usher in a new year. For some of us, a fresh coat of paint or new furniture usually seems like the best way to go.

Gbemisola Oke of SPACE Magazine gives us an interesting chunk on how to properly manage and create more space in our homes.

1 **D**

"...as a rule of thumb anything you didn't use in 2017 has to go."

2 Keep like things together:

So the excess lot has been ridden off, what next? A guiding rule is to keep like things together. Storing like things together will not only help you keep your home organized but it will also make your life easier. Always think about how you want the space to function and what kinds of activities you will be doing there. It is essential to store items that will be frequently used in easily accessible areas such as the front of the shelf or surface area or close to the areas in which they will be used. While items that are not frequently used can be placed further away or at the back of the shelf.

3 Constant Cleaning and re-evaluation:

Now that you have gone through the hard work of de-cluttering your home, it's important to develop a cleaning habit. This could be cleaning your spaces once or twice a week as opposed to cleaning once every month. Doing this will make you home look cleaner and organized; it will also help you identify and eliminate unwanted items in your space. With continuous use, it is important to also evaluate your storage areas over time, if the areas are getting cluttered again you need to ask yourself the following: is there is too much items in the space? Is accessibility a problem? Your answers to the questions will serve as a guide in helping you modify your storage areas.



ownsize, darling! -The first (and most important) step in keeping your home clutter-free is to remove the excessive possessions that are stealing our lives, time, and energy. Most of the time our homes are filled with items we no longer use, these items might be clothes, gifts, souvenirs (most Nigerian homes), papers etc. To have an organized home it is essential that we get rid of those unnecessary items we have in our spaces. Making the decision to get rid of your old things may actually be the hardest part of de-cluttering. Its Christmas season you can donate to charity. As a rule of thumb anything you didn't use in 2017 has to go because you pretty much wouldn't use it in 2018. An easy approach to de-clutter your home is by tackling it room by room as doing it all at once might be overwhelming and confusing.

Start by taking everything out of the space, giving you a clean slate and evaluate every item. To remain organized while de-cluttering, I recommend having 3 boxes or bags labeled To Keep, To Discard, To Give Charity. When deciding what to let go of or store I strongly recommend that you let go of all sentiments and you are completely honest with yourself. Make sure that what you keep is 'home worthy.' Is it useful? Do you love it? Does it fit? Do you need so many? Is it time to let go? Ask the questions before putting things away."

4 You need to slow down the collection!

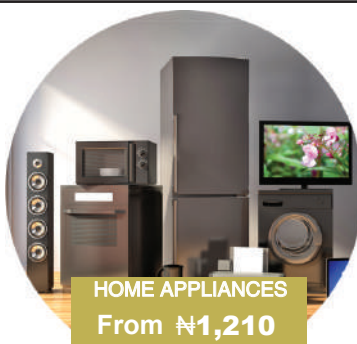
- The last step is to prevent the clutter in your home from returning in the future. To live is to consume. It cannot be avoided – especially in our society and culture. It is important that you think twice about what you bring in to your home. So just before you make that purchase or collect that souvenir at a party ask yourself the following questions: Is this item really needed? Do I have a place to store this when I get it home? How much extra work will this possession add to my life? Am I buying it for the right reasons? Asking this questions will definitely help you slow down your accumulation process.



12 DAYS OF CHRISTMAS



WE HAVE SOMETHING FOR EVERYONE



DEALS LIKE YOU'VE NEVER SEEN



5 NAIJA CHRISTMAS RECIPES



Nigerians are famous for going all out during their celebration of the Christmas and New Year seasons. From families in the upper class, to those in the middle and lower classes, these Christmas recipes are known to bring everyone together during this special season of celebration. While there may be varieties in the way families prepare and garnish these recipes, these are meals you would surely encounter upon visiting any Naija home during the season.



Image: foodandlens



Image: Pinterest

Jollof-rice Recipe Ingredients

- 3¾ cups (750g) long grain parboiled rice
- 2-3 cups Tomato Stew
- Chicken (whole chicken, drumsticks or chicken breast)
- Pepper and salt (to taste)
- 2 medium onions, spring onions
- 3 Knorr cubes
- 2 teaspoons thyme
- 2 teaspoons curry powder (Nigerian curry powder).

Moi-moi Ingredients

- Black eyed beans - 1.5 cups
 - Medium onion - 1/2 (chopped)
 - Red bell pepper (Tatashe) - 1 (chopped)
 - Scotch bonnet pepper (ata Rodo) - 1-2
 - Eggs - 4 (boil and pee 2 of the eggs)
 - Ground crayfish - 1 Tablespoon
 - Palm oil- 3 Tablespoons
 - Melted butter (optional) - 3 Tablespoons
 - Bouillon cube (Maggi) - 1
 - Salt (to taste)
- Other: One large loaf pan for steaming



5 NAIJA CHRISTMAS RECIPES



Image: Dobby's Signature

Salad Ingredients

- 1 medium bunch of Lettuce
- 5 Carrots
- 4 Potatoes
- 2 Cucumbers
- 3 Eggs
- 1 415g tin of Baked Beans in tomato sauce
- 200g Sweet Corn
- 5 Tomatoes
- Salad Dressing - Salad Cream, Caesar Salad Cream or Mayonnaise

Fried rice Ingredients

Spices

- 2 bay leaves
- 2 sprigs fresh rosemary (optional)
- 2 cubes maggi
- 1 teaspoon salt
- 1 teaspoon white pepper (substitute other ground pepper)
- 2 teaspoon curry powder (divided)
- 1 teaspoon thyme

Other

- 4 tablespoons vegetable oil (divided)
- ½ cup chopped onion
- 3 cups mixed vegetables (bell pepper, carrot, peas, cabbage & sweetcorn)
- 2 cups rice (washed)

• **Prep time:** 10 mins

• **Cook time:** 35 mins

• **Total time:** 45 mins



Image: Drink chapp



Chapman Recipes

Image: Naija lazy chef

- ½ cup Grenadine Syrup
- A few dashes of Angostura Aromatic Bitters™
- 35 cl Fanta Orange
- 35 cl Sprite
- ½ an Orange
- ½ a lemon
- Ice cubes

To garnish:

- ½ an orange
- ½ a lemon
- ½ a cucumber



Nugwa Omani

'Tis the season to be merry, tra la la la la la la la! It's that magical time of the year again, when hopes are born, dreams are given second chances and love is rekindled- its Christmas!

While growing up, the season was usually ushered in by the exchange of Christmas cards. First came the neighbours, then came the colleagues and afterwards was the long lost family friend bearing a bottle of wine in hand alongside the card. For as many families that will

be on a budget this season and are worried that their home might not necessarily look the part, these DIYs will not only save you money but also bring your family together in the process of making them, which is what the season is all about right?

They are all unique. You know what they say, simple does it best! These DIYs are very simple to do, the resources are easy to get as well and a few cases do not require you spending a dime.



Image: Pinterest

Christmas Card Holder

Remember the story about how one always knew that Christmas was around the corner? We never quite got around to the horror part of that story did we? Well, sometimes, after the cards started pouring in and it seemed a little too much, people would often throw them away.

Now, in this day and age, if someone sends a Christmas card your way,

you should cherish it and accept it as a warm extension of how they feel about you. What with the recession and all going on, someone still took their hard-earned money to buy you a card yet you throw it away?

Action Plan: Get a wooden board, ropes and clips. Put the wooden board up against the wall and tie the rope in a zig-zag manner, making a neat knot behind the board. Then you can begin placing the cards on the board and make it stay put with a paper clip.



Image: loveitsomuch

Nativity Scene

The nativity scene Christmas décor seldom makes it into the homes, except at church. This is something that when done properly, can become a family heirloom and can be passed on to other generations.

Action Plan: Get a cardboard, glitters, poster color/colored marker, sticks. Use the sticks to set up the roof while the

Faux Christmas Tree

What will you be needing? You'll be needing a string or two, or even 20 depending on how much decorations you want to do. This Faux Christmas tree can incorporate the use of the card tree as mentioned earlier or it can be made of strictly string lights.



Image: Pinterest

cardboards will serve as the base for drawing the nativity images. Upon drawing and cutting up these images, use some glitter on it as seen in the image below. You can add Christmas lights to this nativity scene if you want. We hope these DIYs will be useful to you this season. Wishing you a Merry Christmas and a Happy New Year in advance!



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